



ARTIST DATES

- IDEAS FOR ALL THE SEASONS -



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ARTIST DATES

- IDEAS TO FIND INSPIRATION -



01

SPRING

- Have a picnic bringing all your favorite treats and snacks. And a good book to read.
- Visit a museum, take a photo of your favorite piece, recreate it (either there with a sketchbook, out in the museum garden, or even back home)
- Thrift shopping (for flower vases, picnic basket, artist outfits [Thrift Studio Supplies](#))
- Pick flowers from your garden (or buy them) and make a flower arrangement to put around your home
- Sketch/paint the flower arrangement
- Browse a bookstore/thrift store book section for reference books to draw/sketch/paint from
- Write postcards/letters to friends (include what sounds and sights you see of spring arriving)
- Go for a walk and take photos all around you for reference materials
- Plant something (in garden, flower beds, pots for your porch or balcony)
- Wake up early to watch sunrise and sip on tea/coffee
- Take a pottery class and make a flower vase, a mug, a painting palette, etc
- Go on a nature walk and notice something for each of the 5 senses (sight, smell, sound, touch, taste (be careful on this one for obvious reasons). Write them down and/or sketch them out. [How to Be A Naturalist | Artist Nature Study](#) 🍄🌊🌱🍄🌿
- Bird watching - see if you can identify what it is or take a photo to research (this is also a good idea for plants, trees, flowers, animals!)



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02 | SUMMER

- Go on a hike and bring plein air supplies (simple like paper and pen or even watercolors)
- Browse a bookstore for far off lands you want to visit (plan a whole weeks worth of a trip - bring a journal to write down all the ideas you find)
- Make a summer playlist for when you're in the car, painting, writing, going on a walk
- Bust out any and all art supplies and express yourself with big expressive marks
- Write postcards/letters to friends (include your favorite summer treat you are treating yourself to)
- Rent a kayak or paddle board and go out on the water
- Take a pottery class and make some plates for a summer dinner party
- Rollerblade or skating rink
- Go to a drive in movie theater and make the back of your car all cozy with blankets, pillows, popcorn, snacks
- Buy a disposable camera and snap photos of everything that reminds you of summer (get film developed and put in a photo album - even thrift the album)
- Go to a summer concert and dance amongst all the other people
- Check out a local farmers market bringing a cute basket to hold all the things you might buy



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03 | AUTUMN

- Browse a bookstore for spooky like stories (murder mystery, autumnal settings, etc)
- Fill up your empty or almost empty notebooks: make it a one sentence a day, monthly highlights, bullet journal, gratitude journal, daily idea lists, bucket list, garden ideas, address book, password book, dream home journal, creative writing prompts, blog post planner, movie or tv show list, quote journal, scrapbook, etc.
- Write postcards/letters to friends (include an autumn leaf you found on the ground - press it between books before you send it in the letter)
- Go for a walk and collect leaves to make an autumn garland for your home
- Go to a local coffee shop, order a treat, journal for at least 30 minutes while you enjoy your treat
- Bake some yummy cookies to package up for friends with a cute note saying how much you love and care for them
- Go to a Harvest Festival (corn mazes, pumpkin carving, hot apple cider!)
- Apple picking farm - wear a cozy cute outfit, bring a basket and pick apples for yourself
- Movie day for yourself (think Practical Magic, You've Got Mail, Harry Potter, Pride and Prejudice, all the cozy movies)
- Take a dance class to get your body moving
- For one week do a drawing a day (doesn't have to be good, just 10 minutes to get pen or paint on paper)
- Look into local classes (pottery, basket making, dancing, piano lessons, etc)



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04 | WINTER

- Browse a bookstore for cozy winter books (try the kid section and look at all the art inside!)
- Go to your local Library and find art books to later paint from
- Write postcards/letters to friends (include a favorite recipe or one you want to try)
- Go for a walk smell the crisp air - take photos up close to capture the textures of winter
- Take a bath with bath salts, candles everywhere, essential oils, the works
- Go to your favorite cafe, order a drink and sketch your surroundings
- Go to a new cafe, order a desert and sketch or read a book
- Bake your favorite thing (food, dessert, etc) and write down the recipe by hand to gift a friend
- Go to a restaurant and order whatever you want (you're only paying for one!)
- Solo movie date - see a movie that you want to see (even if it's cheesy or a kids movie, do what you want)
- Ice skating rink and drink hot chocolate after
- Buy a puzzle, lay out on coffee table, put on a cozy playlist or movie and have fun putting together your puzzle
- Write a Haiku (a Japanese poetic form that consists of three lines, with five syllables in the first line, seven in the second, and five in the third)



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05 | BONUS

- **Sensory Adventures** Visit a farmers market early in the morning to sketch vendors and sample unusual fruits. Explore a fabric or yarn store to feel different textures and collect color inspiration. Spend time in a music store trying instruments you've never played, or browse a vintage bookstore for old art books and postcards.
- **Movement & Observation** Take yourself to a dance class you've never tried - maybe swing dancing or salsa. Ride public transportation to an unfamiliar neighborhood and document what catches your eye. Visit a cemetery and read headstones while sketching interesting monuments or typography.
- **Hands-On Exploration** Try a pottery painting studio or ceramics drop-in class. Visit a hardware store or gardening center to look at tools, seeds, and materials with fresh eyes. Spend an afternoon at a thrift store hunting for interesting objects to use in still life paintings.
- **Performance & Storytelling** Attend a poetry reading, open mic night, or community theater performance. Go to a lecture at your local library or university - choose a topic completely outside your usual interests. Watch people at an airport or train station and imagine their stories.
- **Nature Immersion** Beyond plein air painting, try forest bathing - sitting quietly in nature without creating, just absorbing. Visit a botanical garden or conservatory to study plant forms and light. Take a sunrise or sunset walk somewhere you've never been.
- **Cultural Immersion** Explore ethnic grocery stores and notice packaging design, colors, and unfamiliar ingredients. Visit places of worship different from your own to observe architecture and light. Attend a cultural festival or community celebration.

The key is choosing something that feeds your curiosity without any pressure to produce or perform.



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– Jaclyn Baer

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